

Paddling Improvement Series - Schedule at a Glance

Date	AM	PM	Evening
Thu 28 Aug	N/A	N/A	6:00-8:00 Theory: Navigation Basics \$65
Fri 29 Aug	8:30-11:30 Stroke Improvement & Development #1 \$115	12:30-3:00 Introductory Rolling Skills \$115	N/A
Sat 30 Aug	8:30-11:30 Stroke Improvement & Development #2 \$115	12:30-3:00 Rescue Improvement & Development \$115	4:00-6:00 Theory: Tides and Currents \$65
Sun 31 Aug	Instructional Day paddle This will be a full day's journey focused on paddling together and will include learning and skill-building opportunities throughout the day. Exact location will be determined closer to the time based on weather, logistical and environmental factors. We have several exciting and interesting options, and each will be carefully considered. 9:00-4:30 <i>Start location will be roughly 60-90 mins drive from CVK.</i> \$164		
Mon 01 Sept	Instructional Day paddle This will be a full day's journey focused on paddling together and will include learning and skill-building opportunities throughout the day. Exact location will be determined closer to the time based on weather, logistical and environmental factors. We have several exciting and interesting options, and each will be carefully considered. 8:30-4:00 <i>Start location will be roughly 20-60 mins drive from CVK.</i> \$164		