

Intro to Tandem Canoeing On The Sayward Canoe Loop

Course Overview:

This session introduces beginner tandem paddlers to fundamental canoeing skills, safety principles, and paddling techniques. By the end of the course, participants will have the basic skills and confidence to navigate short paddling adventures in calm, sheltered waters.

Course Topics:

- Canoe strokes (forward, reverse, draw, pry, J-stroke, and more)
- Entering and exiting a canoe safely
- Paddling in cadence and maneuvering techniques
- Basic safety and environmental awareness
- Equipment, clothing, and preparation for paddling

Prerequisite: None

Upon Completion of the Course

Upon successful completion of the course participants will have the confidence and basic skills to venture out on short paddling adventures.

What We Provide

Participants will be provided with the following Transport Canada-required gear:

- Canoe
- Paddle
- Lifejacket with whistle
- Throw bag
- Bailing device

If you have your own lifejacket, we recommend bringing it for a better fit and increased comfort.

What to Wear

- Quick-dry clothing (avoid jeans or cotton); dress similarly to what you would wear for jogging or biking
- Appropriate clothing for weather conditions
- A change of clothes (leave them in your car for after class)
- Water shoes or sandals that secure to your feet and provide traction on rocky beaches or boat ramps (flip-flops are not recommended)

What to Bring

- A light jacket (for cooler weather)
- A hat
- Sunscreen
- A water bottle

Contact Information

For further questions, please email: lessonstours@comoxvalleykayaks.com

For urgent inquiries, please call or text Viki @ (306) 230-4030 (text preferred).

We look forward to seeing you on the water!